



UC SANTA BARBARA

The Gevirtz School

Graduate School of Education

How to Home and School: A Webinar Series

How to Home and School: A UC Santa Barbara Gevirtz School Webinar Series for Parents and Caregivers will be a series of hour-long Zoom webinars free and open to the public. In each episode, a Gevirtz School professor will not only provide helpful, theory-based practical tips, but also take questions from those participating in the session. **Each session will be presented in English with live Spanish translation available. All sessions will be posted on the [Gevirtz School website](#).**

[Register for the Series](#)



"School@Home: the Basics" with Dr. Jason Duque
Wednesday, May 27 at 6:00 PM PST

An exploration of the best possible learning conditions that parents can provide for education at home and what to do when an optimal environment isn't possible.



"Family Resilience in Stressful and Uncertain Times" with Dr. Maryam Kia-Keating
Wednesday, June 3 at 11:00 AM PST

An exploration of the idea of resilience and how it can be cultivate and encouraged. This webinar will also look at realistic ideas for ways that parents/caretakers can take care of themselves, so they can have something left to give to their children and family.



"Staying in this Together: Tips for Adapting and Coping" with Dr. Erika Felix
Thursday, June 11 at 6:00 PM PST

An exploration of how parents/caretakers can recognize signs of emotional distress caused by the collectively shared trauma of the pandemic in their kids and families, and the best ways to support kids over time with evidence based approaches.