

**The Jewish Family Service of Greater Santa Barbara and
The Hosford Counseling & Psychological Services Clinic at UCSB present:**

**Dr. Radhule Weininger, PhD
“Cultivating Emotional Balance
Through Mindfulness”**

May 4, 2012

8:30 am – 4:00 pm

524 Chapala Street

Santa Barbara, CA 93101

Radhule Weininger, M.D., Ph.D., participated in the inaugural immersion of Cultivating Emotional Balance (CEB) Teacher Training, led by Drs. Alan Wallace and Paul Ekman, in Thailand in 2010. She has practiced mindfulness meditation for 30 years since a stay in Sri Lanka's Black Rock Monastery 1981. She is a clinical psychologist with a psychotherapy practice here in Santa Barbara. She teaches mindfulness meditation and Buddhist psychology in private practice and in retreat settings. As a psychologist and teacher she has been interested in bridging Buddhist and Western psychology for the past two decades.

- **Six hour workshop, 9-4 at the Bronfman Jewish Community Center**
524 Chapala St., Santa Barbara, CA 93101
- **Registration: 8:30 to 9:00, light breakfast snack**
- **6 CEU's for LCSWs, MFTs, LPCCs - Jewish Family Service of Greater Santa Barbara, PCE #5163;**
- **The Hosford Counseling & Psychological Services Clinic has submitted a proposal for 6 hours of Mandatory Continuing Education for Psychologists (MCEP).** MCEP Accrediting Agency decision is pending. For info on MCEP status, contact hzetzer@education.ucsb.edu.
- **Chef prepared buffet lunch included**
- **Cost: Early Registration Fee extended! Pay by May 2nd, \$90 with CEUs; \$80 without CEU's; \$110 after May 2nd; Student Fee \$50**

To register and pay call: Jewish Family Service at (805)957-1116

For further information contact Barbara Kuhn, LCSW, Director Jewish Family Service of Greater Santa Barbara bkuhn@sbjf.org (805)957-1116, ext. 115